

BIOSKETCH EL HADDAD

Safwa Moheb El Haddad is a PhD student in Pharmacological, Biomolecular, Experimental and Clinical Sciences at the University of Milan (Department of Pharmacological and Biomolecular Sciences “Rodolfo Paoletti”). She holds a master’s degree in pharmacy from the University of Milan in 2024.

Her research focuses on ethnopharmacology and the scientific validation of traditional use of plants for inflammatory and gastrointestinal disorders, with particular attention to *Helicobacter pylori*-related gastric inflammation.

She is co-author of peer-reviewed publications in international journals such as *Food & Function*, *Pharmaceuticals* and *Journal of Ethnopharmacology*. She presented her research at national scientific conferences and was awarded the Italo Taddei Prize (2025) for best oral communication in phytotherapy.

Her scientific interests include plant-derived bioactive compounds, gastrointestinal health, and translational approaches linking traditional knowledge with evidence-based pharmacological research.