

Dr Valentina Parisi graduated *cum laude* in Pharmacy in 2019, having written her master thesis on the isolation and characterisation of diterpenes from *Zhumeria majdae*. During her PhD, she focused her research on the chemical-biological investigation of medicinal and food plants, and their derived waste, which are traditionally used in the Campania Region (Southern Italy), with the aim of valorising the ethnobotanical knowledge and promoting the circular economy of a disadvantaged territory. The results of this research are reported in her PhD thesis, titled “Bioprospecting from the Campania Region to Promote the Sustainable Use of Biodiversity”, which she discussed in April 2023. In July 2024, Dr Parisi was awarded the prestigious Egon Stahl Award in Bronze by the Society for Medicinal Plant and Natural Product Research (GA). The award recognises young researchers who have made significant contributions to the fields of phytochemistry and the study of natural substances. She is currently a postdoctoral researcher in the Department of Pharmacy at the University of Salerno. Her current research focuses on the phytochemical study of medicinal plants as sources of potential bioactive molecules, as well as the use of NMR-based metabolomics to profile plant, food and biological matrices.